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Association of NC Boards of Health

December 2025 Newsletter

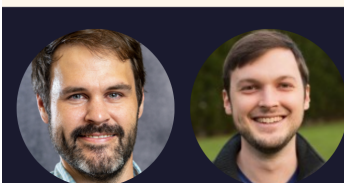


Governance Network

Association of NC Boards of Health

Governance Network Webinar: Advocacy Training

December 8, 2025
7:00-8:00pm



Scott Thorpe
Executive Director of

Taylor Norris, BA
Senior Manager of

Join Us (FREE)

The landscape in public health is changing. Now more than ever, your voice is essential to protect the health of our communities. Join ANCBH for a comprehensive and practical training session that will give you the tools and confidence to advocate effectively. This session will move from the "why" of advocacy to the practical "how" of making a difference.

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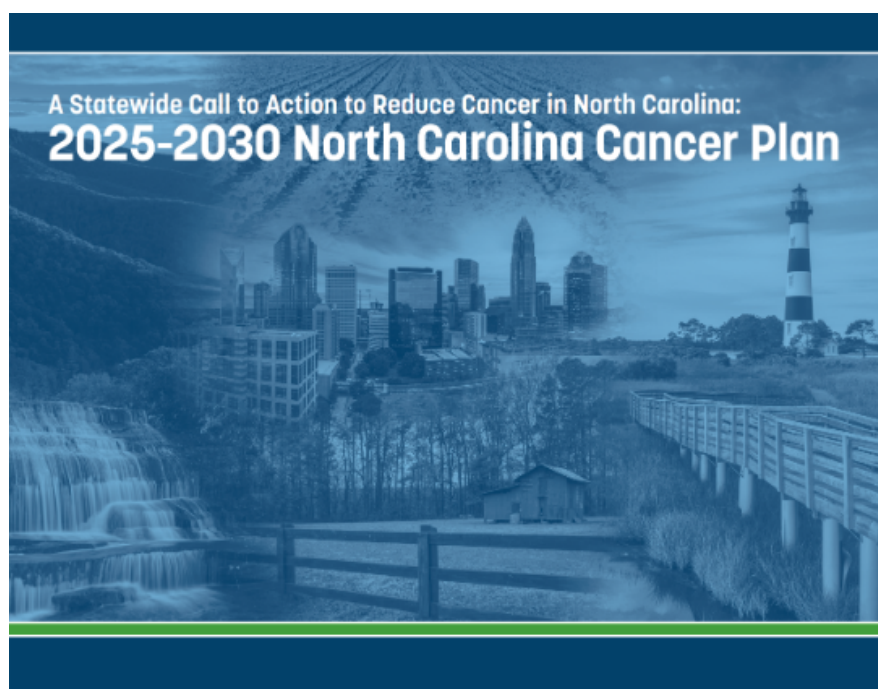
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- The current political climate and why advocating means more today than ever before
- Brief overview of state legislature and federal makeup
- How bills become laws
- The different types of advocacy
- How to build relationships with legislators
- Having in-person meetings with legislators

Register today:
https://bit.ly/GovNetwork_Dec8



Learn and Register Here



2025–2030 North Carolina Cancer Plan: A Statewide Call to Action

The North Carolina Advisory Committee on Cancer Coordination and Control in partnership with North Carolina Division of Public Health’s Comprehensive Cancer Control Program and Cancer Prevention and Control Branch is excited to announce the release of A Statewide Call to Action to Reduce Cancer in North Carolina: 2025–2030

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together to reduce cancer incidence and mortality across our state.

Grounded in data and community input, the Cancer Plan reflects North Carolina's diverse needs and offers actionable strategies to address cancer through prevention, early detection, treatment, and support.

The plan's goals are to:

- Reduce cancer risks by supporting healthy behaviors for all North Carolinians;
- Increase cancer screening and early detection of cancer;
- Improve access to quality cancer treatment, enhance care coordination and increase supportive care; and
- Improve the knowledge and understanding of cancer, cancer care and the relationship between cancer and other chronic diseases among health care professionals and the public.

We invite you to read, share, and use this plan to guide your work and partnerships. Most importantly, we encourage you to partner with us at the Cancer Prevention and Control Branch. Together, we can build stronger collaborations, share resources, and drive meaningful progress in reducing the burden of cancer across North Carolina.

To learn more, read the full [2025-2030 North Carolina Cancer Plan](#) or visit dph.ncdhhs.gov/cancer. Additional information and resources are also available through the [NC Comprehensive Cancer Control Program Resource Hub](#)



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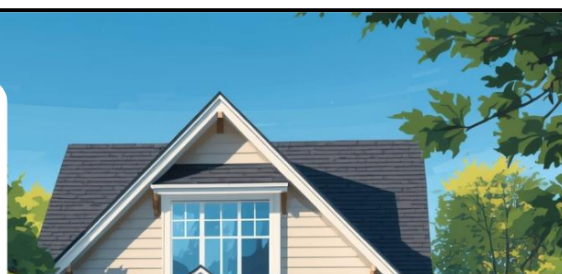
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QuitlineNC turns 20!

The North Carolina Department of Health and Human Services is celebrating 20 years of [QuitlineNC](#) – the state’s free, confidential quit-tobacco service that has helped tens of thousands of North Carolinians quit tobacco for good. Since its launch in 2005 as a telephone helpline, QuitlineNC has expanded to offer support by phone, text, and online video coaching, along with free nicotine replacement therapy such as patches and gum for eligible participants. Data confirm QuitlineNC’s exceptional utility, demonstrating strong engagement, high success rates and a powerful financial return on investment for the state. View a shareable factsheet in [English](#) and [Spanish](#), highlighting the 226,485 people helped by QuitlineNC over the past 20 years, with 55,000 quitting tobacco, saving the state \$537.8 million in medical cost savings. Now that’s an accomplishment worth celebrating!

January is
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Action Month



MEDICARE INCREASES 2026



Medicare Costs Rising in 2026: What Boards of Health Should Know

North Carolina Medicare enrollees will see higher premiums, deductibles and out-of-pocket costs in 2026, along with changes in Medicare Advantage provider networks and fewer standalone Part D plans. These shifts may lead to disruptions in care, reduced access to preferred providers, and greater financial strain for older adults, particularly those with fixed incomes or chronic conditions. With more than 2.2 million NC residents on Medicare, these changes have broad implications for local health equity, continuity of care, and the demand for safety-net services.

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Interested in serving on the ANCBH Board?

Trainings

Meeting the Moment: Inspiring
Approaches to Public Health
Communications

Recorded Webinar

NY - Strategies for Policy
Advocacy in a Shifting Public
Health World

Recorded Webinar

What's the Pulse in North Carolina?

Rural Health

Mental Health

Formula Recall



ANCBH

All Links in this email are clickable; however, if you printed:

Links are provided below:

Gov Network:

<https://www.ancbh.org/boh-governance-network>

<https://us06web.zoom.us/meeting/register/GDp5dz5DT4q3Kml00CNm7A#/registration>

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<https://www.dph.ncdhhs.gov/chronic-disease-and-injury/cancer-prevention-and-control/nc-cancer-plan-2025-2030/>
open

[dph.ncdhhs.gov/cancer](https://www.dph.ncdhhs.gov/cancer)

<https://www.dph.ncdhhs.gov/programs/chronic-disease-and-injury/cancer-prevention-and-control-branch/nc-comprehensive-cancer-control-program-resource-hub>

QuitlineNC 20th Anniversary:

<https://quitlinenc.dph.ncdhhs.gov/>

<https://www.dph.ncdhhs.gov/chronic-disease-and-injury/tobacco-prevention-and-control/quitlinenc20yearsflyereng/>
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<https://www.dph.ncdhhs.gov/chronic-disease-and-injury/tobacco-prevention-and-control/quitlinenc20yearsflyerspanish/open>

Medicare:

<https://www.northcarolinahealthnews.org/2025/11/13/north-carolina-medicare-enrollees-2026/>

Trainings:

<https://publichealthcollaborative.org/webinars/meeting-the-moment-inspiring-approaches-to-public-health-communications/>

<https://www.publichealthlawcenter.org/webinar/ny-strategies-policy-advocacy-shifting-public-health-world>

Pulse:

Rural Health: <https://wlos.com/news/local/north-carolina-department-health-human-services-rural-transformation-plan-centers-medicare-medicaid-federal-funding-governor-josh-stein-dev-sangvai-affordable-healthcare-communities-counties-ncdhhs-hospitals-tribal-faith-based-organizations>

Mental Health: <https://www.northcarolinahealthnews.org/2025/11/10/nc-fact-teams-serious-mental-illness-release-from-jail-prison/>

Formula Recall: <https://www.ncdhhs.gov/news/press-releases/2025/11/11/update-recall-expanded-infant-formula-recall-linked-infant-botulism>

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