



Association of  
North Carolina Boards of Health

## PFAS and MNP (Forever Chemicals) in Today's World

**Prepared by: Jean B. Douglas, PharmD, RPh**

It seems that every day there is a new study released about the dangers of 'forever chemicals' and EPA water guidelines. With this being a global problem to solve, what can we do to protect or reduce the harm provided by these toxins found in our water, convenience products, medical products, and food? One key strategy would be to read and decide if a product or habit change would be possible. Many products are not available in PFAS-free versions, but some manufacturers are finding ways to remove these chemicals from their products. With these particles being found in arteries and blood, reducing plastic compounds in our daily lives should be considered.

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## Cancer in North Carolina: Data and Resource Guide

**Prepared by: Edna Hensey**

Accurate cancer surveillance data is critical for local health boards, providers, and cancer partners in identifying populations in their communities at higher risk for developing cancer. The Cancer in North Carolina: Data and Resource Guide provides data on the status of the six priority cancers included in the North Carolina Comprehensive Cancer Control ACTION Plan 2020-2025. This report also contains data about where cancer risk factors are concentrated the highest, evidence-based intervention strategies, and resources. It was developed by NC Division of Public Health, Comprehensive Cancer Control Program in collaboration with the NC Breast and Cervical Cancer Control Program; NC WISEWOMAN Project; the NC State Center for Health Statistics, Central Cancer Registry and the North Carolina Advisory Committee on Cancer Coordination and Control.

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## Upcoming Events

### Board of Health Governance Network Meeting

*July 22, 2024 at 7pm*

**Speaker:** Dr. Betsey Tilson, NC State Health  
Director/Chief Medical Officer NC DHHS

**Topic:** The Critical Role of Local Boards of Health in North Carolina's Decentralized Public Health System

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