

The Power of YOU

3rd Annual Public Health Nurses Conference

May 2, 2025
Great Wolf Lodge Concord, NC
Tentative AGENDA

8:00 am – 9:00 am	Registration	Photo Booth!	Lobby
	Breakfast		White Pines III
Opening Session 9:00 am – 12:00 pm			
9:00 am – 9:15 am	Welcome	<p>Dr. Susan Little, DNP, RN, CPHN, PHNA-BC, CPH, FAAN, Director NC Office of the Chief Nurse</p> <p>Erin Shoe, MPH, Health Director and CEO, Cabarrus County Health Alliance</p>	White Pines 1 and II
9:15 am – 10:15 am	<p>Keynote Address: <i>The POWER of Self in Improving Healthcare Outcomes for Vulnerable Populations</i></p>	<p>Dr. Antonia Monk Richburg, CEO, United Way of Forsyth County NC</p>	White Pines 1 and II
10:15 am – 10:30 am	Break & Exhibitors		Lobby
10:30 am – 12:00 pm	<p>Panel Discussion <i>Voices from Public Health Nurse Champions: Stories of Resilience, Duty, and Community in Hurricane Helene Response</i></p>	<p>Panelists:</p> <p>Amber Reece-Young, MSN, RN, CPHN, CMGT-BC, NCSN Henderson County</p> <p>Kimberly Berry, BSN, RN Henderson County</p> <p>Amparo Oviedo Acosta MSN, RN, CPHN- Buncombe</p> <p>Beth Shook MSN, RN, CPHN, CNE, NCSN - State School Health Nurse Consultant who lives in Mitchell County</p> <p>Shea Laws BSN, RN, NCSN Yancey County</p> <p>Julie Berger BSN, RN, NCSN MAHEC, Buncombe County</p>	White Pines 1 and II
Lunch and Celebrate 12:00 pm – 1:15 pm			
12:00 pm – 1:15 pm	Lunch & Networking	Surprise puppy or kitten from the Cabarrus Animal Shelter!!!!!!	White Pines III
	Celebrate	Make your own COOKIES to keep or donate!!!!!!!!!!!!!! Company name	White Pines III

Breakout Session I 1:15 pm – 2:00 pm			
1:15 pm – 2:00 pm	Breakout Session A	Six Pillars of Lifestyle Medicine Jill Davis, MS,DIPACLM, CPT Patient Educator, Humana Health	White Pines I
1:15 pm – 2:00 pm	Breakout Session B	Nurses as Powerful Leaders Jean Workman, BS, MA Program Manager Every Baby Guilford Guilford County	White Pines II
1:15 pm – 2:00 pm	Breakout Session C	Yoga and YOU Solace Yoga Studio	Fallen Timbers
Breakout Session 2 2:05 pm – 2:50 pm			
2:05 pm – 2:50 pm	Breakout Session A	Six Pillars of Lifestyle Medicine Jill Davis, MS,DIPACLM, CPT Patient Educator, Humana Health	White Pines I
2:05 pm – 2:50 pm	Breakout Session B	Nurses as Powerful Leaders Jean Workman, BS, MA Program Manager Every Baby Guilford Guilford County	White Pines II
2:05 pm – 2:50 pm	Breakout Session C	Fitness, Exercise Time West Cabarrus YMCA Staff	Fallen Timbers
Breakout Session 3 2:55 pm – 3:40 pm			
2:55 pm – 3:40 pm	Breakout Session A	Six Pillars of Lifestyle Medicine Jill Davis, MS,DIPACLM, CPT Patient Educator, Humana Health	White Pines I
2:55 pm – 3:40 pm	Breakout Session B	Nurses as Powerful Leaders Jean Workman, BS, MA Program Manager Every Baby Guilford Guilford County	White Pines II
2:55 pm – 3:40 pm	Breakout Session C	Fitness, Exercise Time West Cabarrus YMCA Staff	Fallen Timbers
Closing Session 3:45 pm - 4:00 pm			
3:45 pm – 4:00 pm	General Session and Evaluation		White Pines 1 and II

NOTE: A local photographer may be on site taking candid photos. If you do not want your picture, please inform ANCBH staff.

Drafted 3/27/2025