

Our Nurses, Our Future: You Make a Difference
May 5, 2023
Greensboro Coliseum Special Events Center

8:00-8:45	Check-In and Breakfast	
8:45-9:00	Welcome & Purpose	Jean Douglas, PharmD Chair ANCBH Merle Green, MPH, MBA Executive Director ANCBH Ray Jeffers , NC State House Representative
9:00-10:00	Keynote address The North Carolina Public Health Nurse: Finding Resilience in a Challenging Time	Rose Hoban, RN, MPH Editor, NC Health News
10:00-10:15	Overview of North Carolina Professional Organizations Representing Public Health Nurses	Joy Smith, RN, MSN NCAAPNA President Liz Stevens, RN, MPH, SANE NCPHA Nursing Section Chair
10:15-10:30	Break & Visit Exhibitors	
10:30-11:30	Connecting Our Work: Healthy North Carolina 2030 and NCIOM Task Forces	Brienne Lyda-McDonald, BS, MSPH Project Director NCIOM
11:30-12:30	Lunch	
12:30-1:15	Breakout Sessions <i>Room 2</i> Healthy Cooking on a Nurse's Budget <i>Room 3</i> Exercise is Not a Punishment: Addressing Work-Life Balance Using Exercise and Mindfulness <i>Room 4</i> Yikes! I Just Said No...and I Like It!	Chef N'gai Dickerson , Past Director for the AHA Healthy Kitchen Natalie Huffine , Wellness Director Bryan YMCA Amichia Gainey-Jones, BS, D.Min Regional Director, Workforce Development, Cumberland County DPH
1:15-1:30	Break & Visit Exhibitors	
1:30-2:15	Exploring Cultural Humility in Public Health Services	Bryle Henderson Hatch, PhD Director Office of Diversity, Equity & Inclusion NCDHHS
2:15-3:00	Breakout Sessions <i>Room 2</i> Healthy Cooking on a Nurse's Budget	Chef N'gai Dickerson , Past Director for the AHA Healthy Kitchen

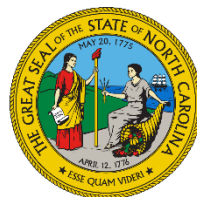
2:15-3:00	Breakout Sessions continued <i>Room 3</i> Exercise is Not a Punishment: Addressing Work-Life Balance Using Exercise and Mindfulness <i>Room 4</i> Managing Stress Through Small Space Gardening	Natalie Huffine , Wellness Director Bryan YMCA Ashlie Thomas , Owner The Mocha Gardener
3:00-3:15	Break	
3:15-4:00	Stories from the Field: How I Survived the Pandemic as a Public Health Nurse	Jean Douglas, PharmD Chair ANCBH Felicia Reid, RN, MSN , Retired Nursing Director Guilford County Livi Shepherd-Gray, RN , School Nurse Guilford County Bonnie Dukeman, RN , PHN Supervisor Chatham County Paula Black, RN, MSN , Nursing & Clinical Services Administrator Gaston County
4:00-4:15	Musings from the Chief Public Health Nurse	Susan Little, DNP, RN, PHNA-BC, CPH, CPM, FAAN Chief Public Health Nursing Officer NCDPH
4:15-4:30	Door prizes & adjourn	

This program is being offered through a collaboration between the Association of North Carolina Boards of Health, the North Carolina Association of Public Health Nurse Administrators, the North Carolina Public Health Association, and the Office of the Chief Public Health Nurse/Public Health Nurse Institute for Continuing Excellence.

The Public Health Nursing Institute for Continuing Excellence is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.



“Everywhere, Everyday, Everybody”



NC DEPARTMENT OF
HEALTH AND HUMAN SERVICES
Division of Public Health

