

# Join Our WEBINAR

Monday April 13, 2026

7:00 pm – 8:00 pm

FREE ANCBH Governance Network Webinar

## **Beyond the Boardroom: Deepening Board of Health Understanding Through Experiential Learning and Community Engagement**

*Board of Health members play a vital role in guiding public health initiatives, yet often lack firsthand experience with the day-to-day operations of their local health departments. This presentation will explore practical strategies for board members to gain a deeper understanding of departmental functions, focusing specifically on the innovative harm reduction and community health worker programs implemented by Three Rivers District Health Department. We will discuss how experiential learning, site visits, and direct engagement with staff and community members can empower board members to advocate for and support effective public health services. This presentation aims to equip Board of Health members with actionable strategies to move beyond traditional board meetings and engage directly with their local health departments. By examining the unique case of Three Rivers District Health Department's harm reduction and community health worker department, we will illustrate the importance of experiential learning in understanding the complexities of public health service delivery.*

### **Learning Objectives:**

- Identify strategies to better understand the day-to-day operations of local health departments.
- Describe how experiential learning, site visits, and direct engagement with staff and community members can strengthen board member effectiveness.
- Examine the harm reduction and community health worker programs at Three Rivers District Health Department as a case example of innovative public health practice.
- Apply actionable approaches to engage more directly with local health department programs beyond traditional board meetings.
- Recognize how increased operational understanding can support more effective advocacy and decision-making for public health services.



**Lyndsi McNally, Three Rivers  
District Board of Health,  
Kentucky**

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